



Cultivating Gratitude: Creating Gratitude Jars



A Free, In-Person Workshop Presented by
Cancer Support Community Atlanta

Join us for the Cultivating Gratitude Workshop and make a gratitude jar to use at home or at work. The gratitude jar is an effective, easy, and fun way to practice gratitude by yourself or with others. Come and enjoy being with others while learning a fun new way to cultivate more gratitude in your life. Lunch will be provided.



Led by:

Jane Myers, OTR/L
Registered Occupational Therapist

Friday, May 3, 10:30am-12:30pm
In-Person Only

We validate parking, so bring your ticket in with you.
Our suite is located below the main lobby in Building 2.
Register in advance for this program on our website at:

www.cscatlanta.org/calendar



Registration



phone 404.843.1880 • fax 404.843.1780
1100 Johnson Ferry Road NE • Building 2, LL90 • Atlanta, GA 30342

www.cscatlanta.org

 **CANCER SUPPORT
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